

Nothing is Missing®

Nothing is missing from this moment.

There is no lack in you.

You are already whole and joyous.

You are already one with the Universe.

You are the light as it skims across the surface of the pond.

You are the bird that sails through the clouds.

You are surfing on the surface of God's love all the time.

You are the deepest, widest, fullest, most passionate expression of Divinity.

There is nowhere to go and nothing to do.

Forget yourself and remember everything.

Fling yourself from the pinnacle of fear into the abyss of joy.

Sing, dance and love.

You are the expression of all these things.

Find that which was never lost.