## Love is Not Something We Can Do®

I cannot love you, I can only be me opening to this very moment and to you without fear or expectation.

I cannot love myself, I can only experience my Self standing naked in purity and radiance.

Then there is no longer any me or any you. What strange illusions these are!

There is only Goddess, dancing her eternal dance that creates all things, knows all things, forgives all things, is all things.

I am lost in her rhythm and wisdom and joy. I am found in her rhythm and wisdom and joy.

Love is not something we can do. Love is who we are.

It sings in our very cells and in the end, holds us with more compassion than we can ever know.